



RCI-MISSIONS BERKSHIRE

A
30-Day
Family Altar
Booklet

Blessings of the Breast and the Womb
(Genesis 49:25)



INTRODUCTION

This 30-day journey is designed to:

- Strengthen your family altar
- Build spiritual rhythm
- Establish generational blessing
- Speak life over your home
- Activate fruitfulness, growth, protection, and legacy

Each day includes:

- Scripture
- Short teaching
- Family discussion
- Prayer
- Declaration

Time needed:

30–45 minutes per day

Week 1

THE BLESSING OF THE WOMB (Beginnings)

Days 1–7 focus on fruitfulness, new seasons, and divine beginnings.

DAY 1 — God Has Blessed Our Family

Scripture: Genesis 49:25

Teaching: God's blessing is intentional and generational

Discussion: What blessing are we thankful for today

Prayer: "Lord, let Your blessing rest on our home."

Declaration: Our family is blessed by God.

DAY 2 — No Barrenness

Scripture: Deut. 7:14

Teaching: Barrenness is not our portion - spiritually, emotionally, financially, or physically.

Discussion: What area needs fruitfulness

Prayer: "Lord, remove every form of barrenness."

Declaration: Nothing in our family will be barren.

DAY 3 — Fruitfulness in Purpose

Scripture: John 15:5

Teaching: Fruitfulness is the evidence of connection to God.

Discussion: What purpose is God growing in us

Prayer: “Help us bear good fruit.”

Declaration: We are fruitful in every good work.

DAY 4 — Fruitfulness in Children

Scripture: Psalm 127:3

Teaching: Children are God’s heritage — including Samuel.

Discussion: What do we desire for our children

Prayer: “Bless our children and every child connected to this family.”

Declaration: Our children are blessed and fruitful.

DAY 5 - Fruitfulness in Work

Scripture: Psalm 90:17

Teaching: God establishes the work of our hands.

Discussion: What work needs God’s touch.

Prayer: “Prosper the work of our hands.”

Declaration: Our work is fruitful.

DAY 6 — Fruitfulness in Ideas

Scripture: Prov. 8:12

Teaching: God gives wisdom, creativity, and innovation.

Discussion: What ideas do we want God to bless

Prayer: “Bless every idea You’ve planted in us.”

Declaration: Our ideas will prosper.

DAY 7 — Fruitfulness in Seasons

Scripture: Jer. 17:7–8

Teaching: We flourish in every season—even dry ones

Discussion: What season are we in

Prayer: “Make us fruitful in every season”

Declaration: We flourish like trees planted by the waters.

Week 2

THE BLESSING OF THE BREAST (Growth & Sustenance)

*Days 8–14 focus on nourishment,
strength, and divine support.*

DAY 8 — God Sustains What He Gives

Scripture: Isaiah 66:11

Teaching: God doesn't just give — He sustains.

Discussion: What should God sustain for us.

Declaration: What God gives us will grow strong.

DAY 9 — Strength for the Journey

Scripture: Isaiah 40:31

Teaching: God renews strength.

Discussion: How is our strength renewed.

Declaration: We rise on wings like eagles.

DAY 10 — Divine Provision

Scripture: Phil. 4:19

Teaching: God supplies every need.

Discussion: How do we receive our provision from God

Declaration: We lack nothing.

DAY 11 — Emotional Nourishment

Scripture: Psalm 23:3

Teaching: God restores the soul.

Discussion: What is the benefit of our soul to God

Declaration: Our souls are restored.

DAY 12 — Spiritual Growth

Scripture: 2 Peter 3:18

Teaching: Growth is intentional.

Discussion: How can we grow in grace and knowledge

Declaration: We grow in grace and knowledge.

DAY 13 — Support & Stability

Scripture: Psalm 18:2

Teaching: God is our rock and support.

Discussion. Can we trust God with our life's?

Declaration: We are upheld by God.

DAY 14 — Nothing Dies Prematurely

Scripture: Psalm 118:17

Teaching: What God starts will not die.

Discussion: How can we protect what God gives to us.

Declaration: No destiny in our family will be cut short

Week 3

PROTECTION, PEACE & PRESERVATION

Days 15–21 focus on covering, safety and peace.

DAY 15 — God Protects Our Family

Scripture: Psalm 121:7–8

Teaching: The providence of God

Discussion: How to walk in God's covering.

Declaration: We are protected by God.

DAY 16 — Protection for our children

Scripture: Psalm 91:11

Teaching: God loves our children

Discussion: How do we take care of them.

Declaration: Angels guard our children day and night.

DAY 17 — Peace in the Home

Scripture: John 14:27

Teaching: God wants us to live in peace.

Discussion: How do we build a peaceful home

Declaration: Our home is full of peace.

DAY 18 — Unity in the Family

Scripture: Psalm 133:1

Teaching: What makes a godly family

Discussion: How to promote family unity

Declaration: We walk in unity and love

DAY 19 — Protection from Evil

Scripture: 2 Thess. 3:3

Teaching: Walking away from evil

Discussion: Staying under His banner

Declaration: The Lord keeps us from evil

DAY 20 — Protection of Destiny

Scripture: Isaiah 54:17

Teaching: What destiny does God protects

Discussion: What are weapons

Declaration: No weapon formed against us will prosper

DAY 21 — Preservation of Purpose

Scripture: Psalm 138:8

Teaching: The value of God's purpose

Discussion: How to fulfil purpose

Declaration: God will perfect all that concerns us

Week 4

LEGACY, GENERATIONS & COMPLETION

Days 22–30 focus on inheritance, continuity, and finishing well

DAY 22 — Generational Blessing

Scripture: Psalm 112:1–2

Teachings: How to create generational blessing

Discussion: How important are generational blessing

Declaration: Our generations are blessed

DAY 23 — Our children's Destiny

Scripture: Jeremiah 1:5

Teaching: What is destiny

Discussion: How can we help our children to fulfil destiny

Declaration: Our children will fulfil their God-given purpose

DAY 24 — Family Legacy

Scripture: Prov. 13:22

Teaching: What is a legacy

Discussion: How to build a family legacy

Declaration: We leave a godly legacy

DAY 25 — Generational Faith

Scripture: 2 Tim. 1:5

Teaching: What is faith

Discussion: The importance of family faith

Declaration: Faith runs through our family line

DAY 26 — Generational Protection

Scripture: Psalm 103:17

Teaching: Depending on God

Discussion: How to hand over your family to God

Declaration: God's mercy covers our generations

DAY 27 — Generational Purpose

Scripture: Acts 13:36

Teaching: The importance of generational purpose

Discussion: How to create a generational purpose

Declaration: We will serve God in our generation

DAY 28 — Completion of Destiny

Scripture: Phil. 1:6

Teaching: Depending on God every day

Discussion: How to manifest your destiny

Declaration: God will finish what He started

DAY 29 — Establishment

Scripture: 1 Peter 5:10

Teaching: Looking up to God

Discussion: Leveraging in grace

Declaration: God establishes, strengthens, and settles us.

DAY 30 — Thanksgiving & Sealing the Blessing

Scripture: Psalm 118:23

Teaching: The importance of Thanksgiving

Discussion: Why should we give thanks

Declaration: “The blessing of the breast and the womb rests on our family forever.”

Closing Liturgy

Leader: “The Lord has blessed our beginnings.”

Family: “Amen.”

Leader: “The Lord has blessed our growth.”

Family: “Amen.”

Leader: “The Lord has blessed our generations.”

Family: “Amen — so shall it be.”



TOUCHING OUR GENERATION WITH THE POWER OF GOD